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Montana Office of Public Instruction
Montana Board of Crime Control
Montana Department of Public Health and Human Services
Billings Area Indian Health Services
Montana Department of Transportation – State Highway Traffic Safety Section
Division of Adolescent and School Health, U.S. Centers for Disease Control and Prevention

Montana Youth Risk Behavior Survey Co-Sponsors:

2019 Montana Youth Risk Behavior Survey Summary Report

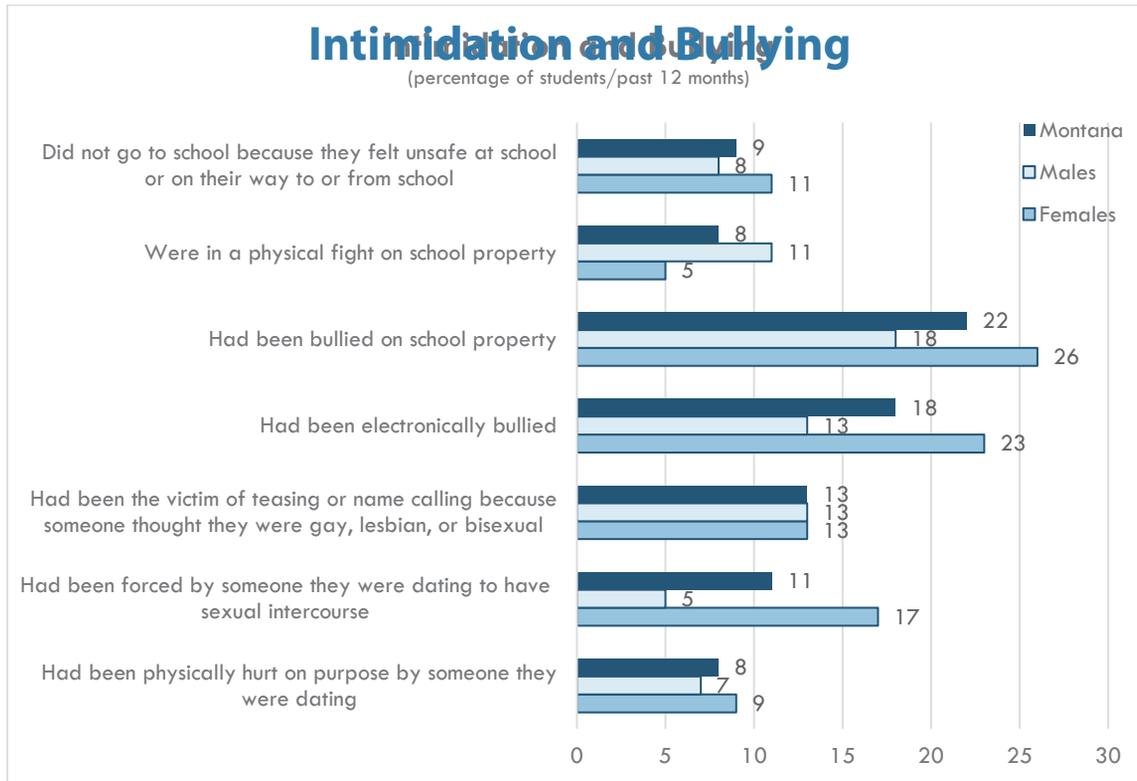
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Survey

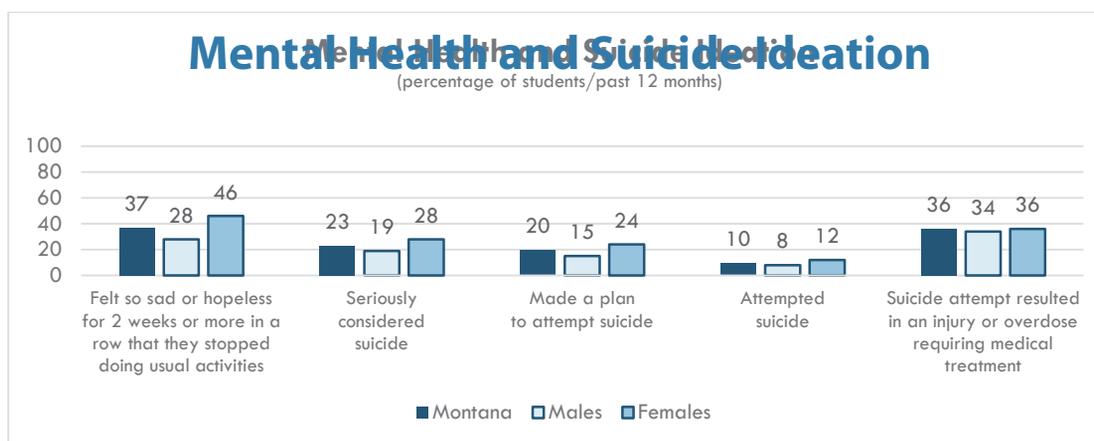
This Summary Report complements the 2019 Montana Youth Risk Behavior Survey Report and contains information regarding risk behaviors of Montana youth in relation to:

- Unintentional injuries and violence;
- Tobacco use;
- Alcohol and other drug use;
- Sexual behaviors that contribute to unintended pregnancy and sexually transmitted diseases, including HIV infection;
- Unhealthy dietary behaviors; and
- Inadequate physical activity.



Unintentional Injuries and Violence

VEHICLE-RELATED BEHAVIORS Percentage of students who. . .	Montana	Grade Level			
		9th	10th	11th	12th
Always wore a seat belt when riding in a vehicle driven by someone else	52%	50%	53%	53%	55%
Always wore a seat belt when driving a vehicle	72%	75%	77%	68%	67%
Rode in a car driven by someone who had been drinking alcohol/past 30 days	19%	20%	18%	19%	20%
Drove a car after they had been drinking/among drivers, past 30 days	7%	3%	4%	8%	12%
Texted or e-mailed while driving/among drivers, past 30 days	53%	23%	50%	61%	70%
Used the Internet or Apps on their cell phone while driving/among drivers, past 30 days	46%	27%	43%	51%	57%

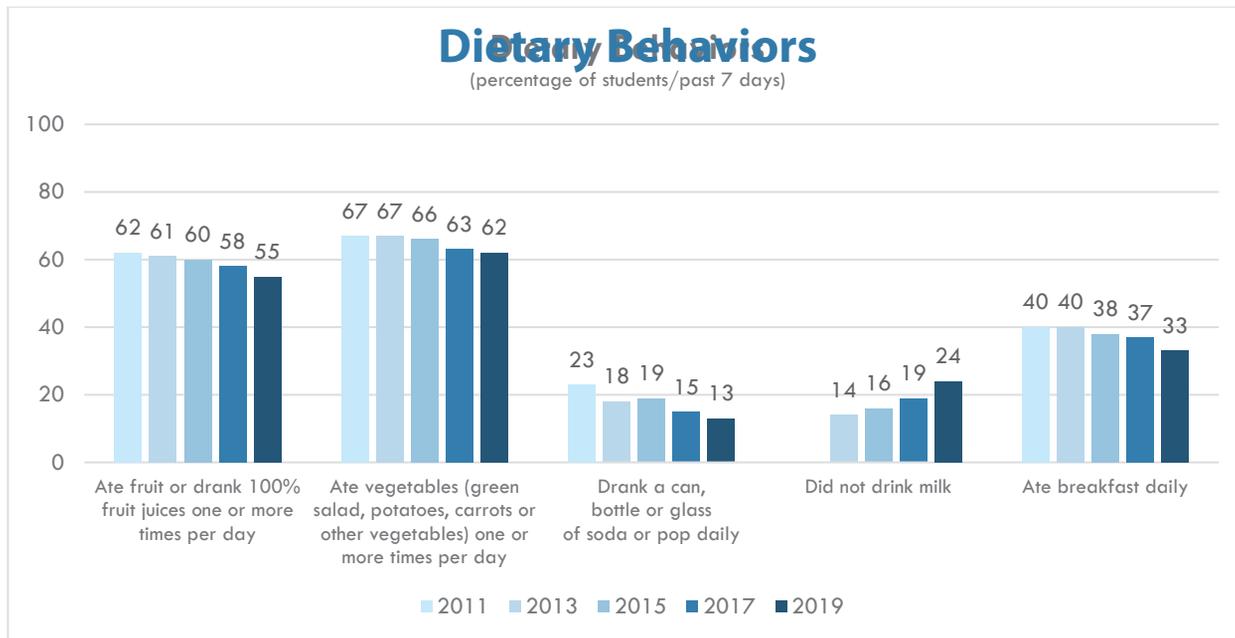


The 2019 Montana Youth Risk Behavior Survey (YRBS) was conducted in February 2019. The Montana YRBS results are based on a random sampling completed by 3,819 high school students. The results are representative of all students in grades 9-12 in Montana. The Office of Public Instruction acknowledges and appreciates the commitment, cooperation and support of the participating schools and their students.

Go to www.opi.mt.gov/YRBS to access all YRBS reports for Montana students in grades 7-8, Native American students on reservations, Native American students in urban schools, alternative school students, non-public accredited school students and students with disabilities. This Web site also contains Montana regional data, trend data, Montana and U.S. comparative data, and school-specific data.

For more information on the Montana YRBS, contact the Office of Public Instruction, Susan Court, (406) 444-3178 or scourt@mt.gov.

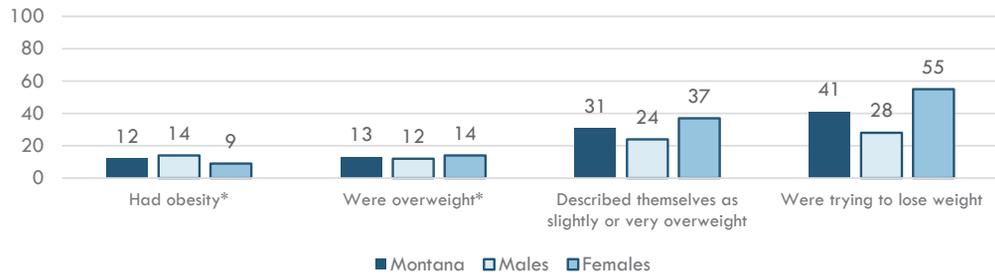
PHYSICAL ACTIVITY Percentage of students who . . .	Montana	Grade Level			
		9th	10th	11th	12th
Attended physical education (PE) class one or more days during an average school week	57%	87%	68%	36%	32%
Attended physical education (PE) class on all 5 days of the school week	33%	45%	40%	21%	23%
Were not physically active for 60 minutes per day on any of the past 7 days	12%	6%	11%	15%	15%
Had a concussion from playing a sport or being physically active during the last 12 months	17%	16%	19%	16%	15%



Dietary Behaviors

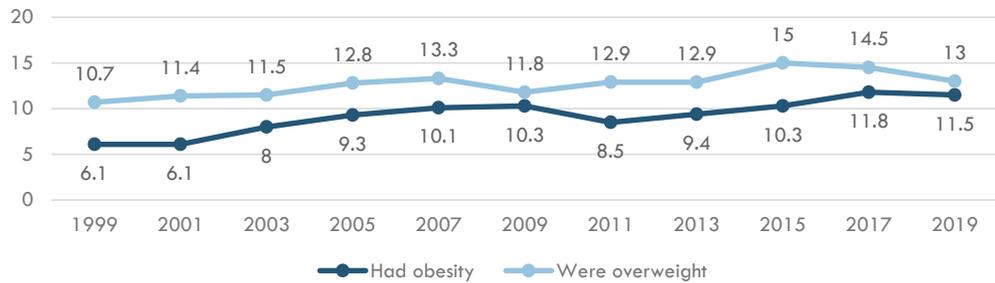
Weight Management

(percentage of students)
*BMI, 2019 YRBS, CDC



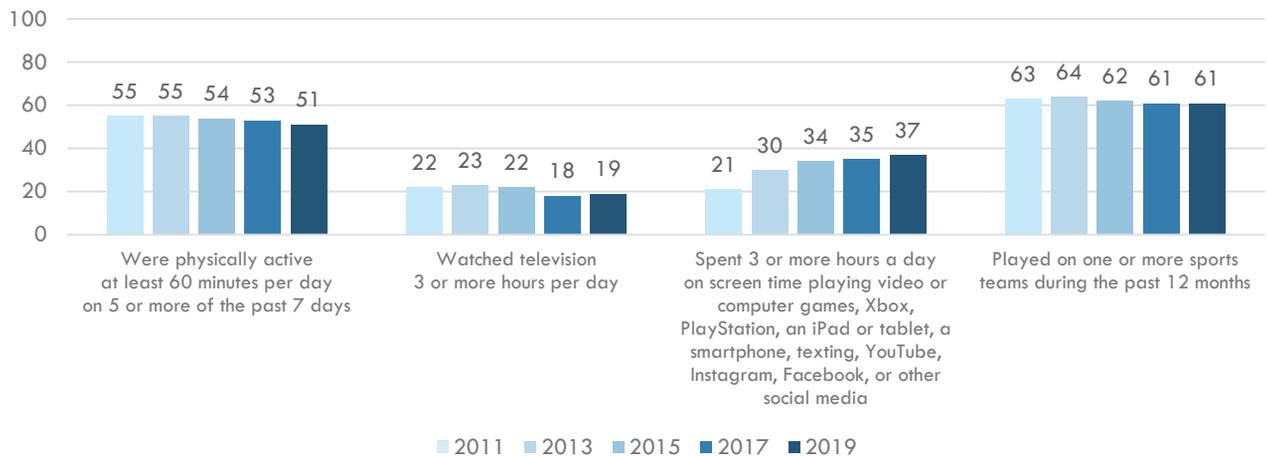
Obesity and Overweight Trends

(percentage of students)



Physical Activity/Inactivity

(percentage of students)



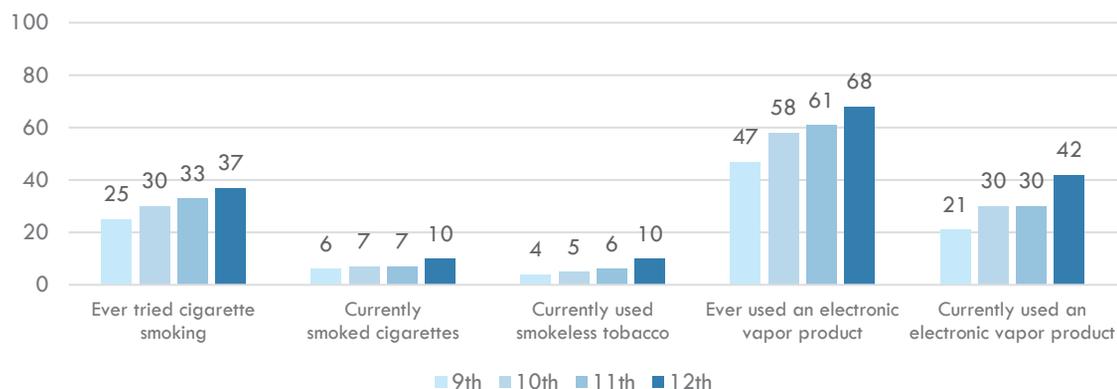
Physical Activity

33%

of Montana high school students currently use a tobacco product (cigarettes, cigars, smokeless tobacco, or electronic vapor products)

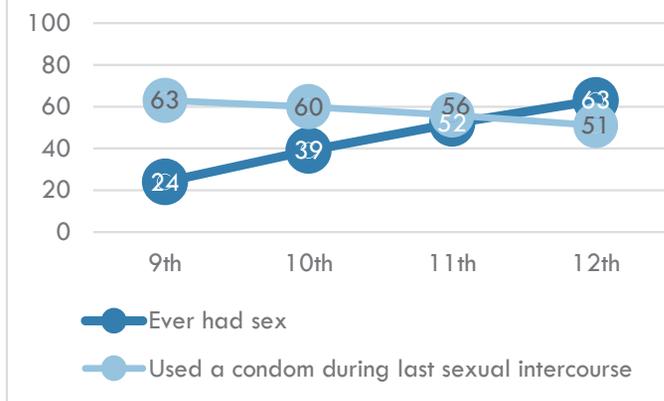
Tobacco Use Behaviors

(percentage by grade level)

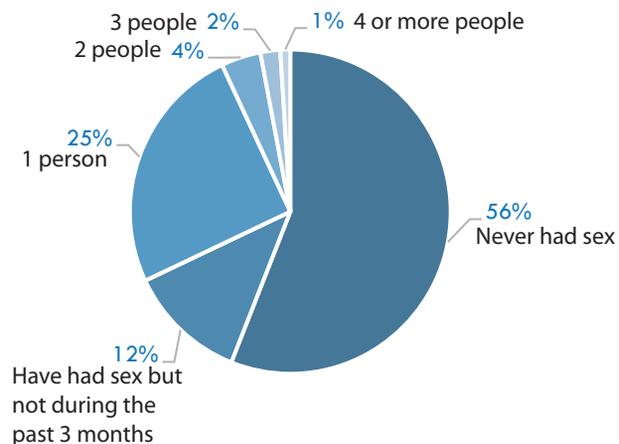


Sexual Activity and Condom Usage

(by grade level)



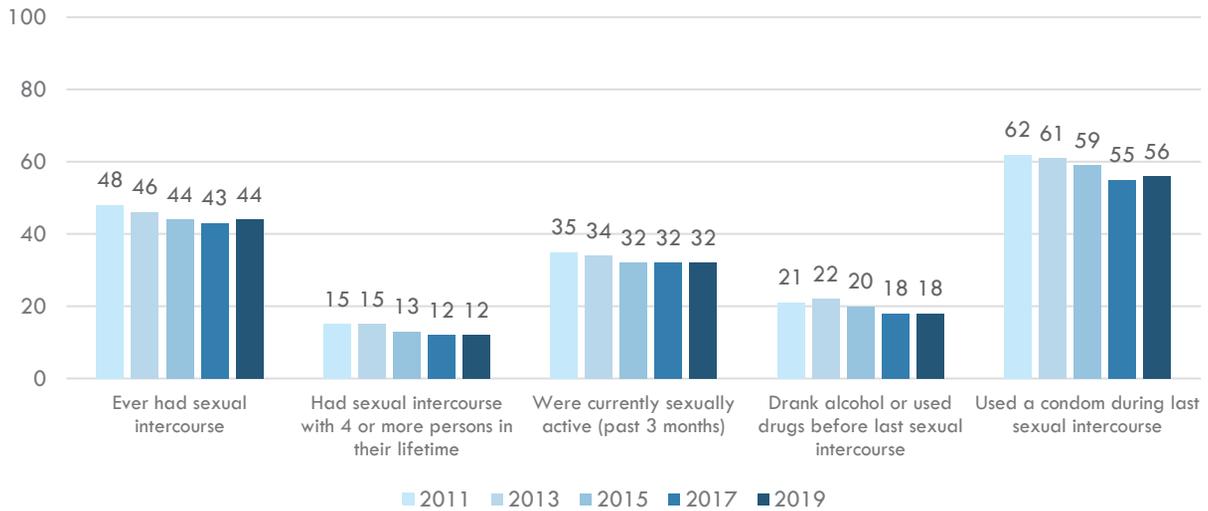
Number of sexual partners past 3 months



Sexual Behavior

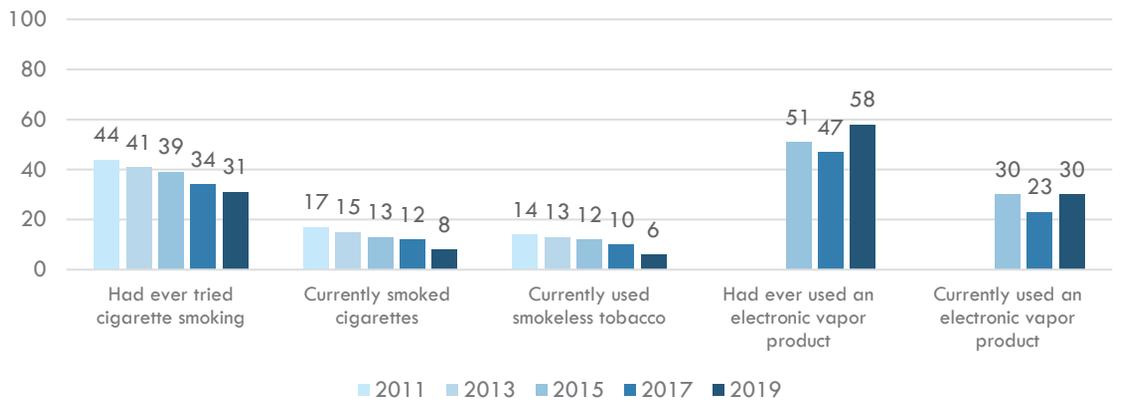
Sexual Behavior Trends

(percentage of students)



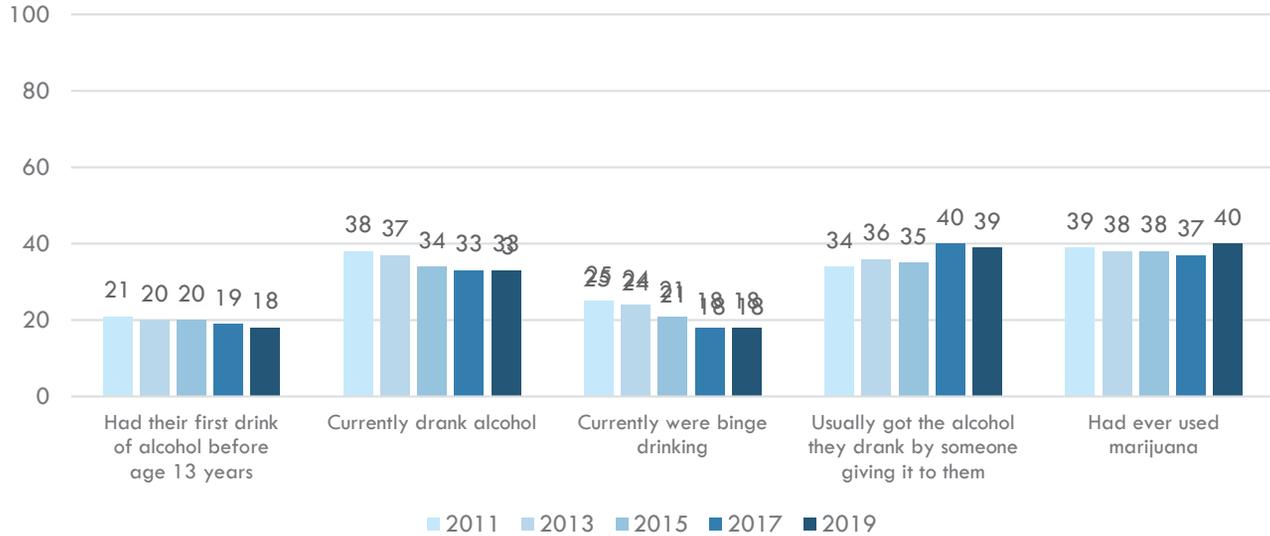
Tobacco Use Trends

(percentage of students)
[Current is during the past 30 days]



Alcohol and Other Drug Use

(percentage of students)



OTHER DRUG USE Percentage of students who had ever (used) . . .	Montana	Grade Level			
		9th	10th	11th	12th
Marijuana	40%	28%	39%	44%	51%
Synthetic marijuana	7%	6%	7%	6%	7%
Prescription pain medicine	13%	11%	14%	13%	14%
Cocaine	4%	3%	4%	3%	6%
Inhalants	8%	10%	9%	6%	6%
Methamphetamines	2%	2%	3%	2%	2%
Ecstasy	4%	3%	4%	3%	7%
Been offered, sold, or given an illegal drug on school property during the past 12 months	23%	24%	24%	21%	19%